**NobelParallel™ Conical Connection**

**Instructions for use**

**Important:** Please read.

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**Description:**

**Implant:** NobelParallel™ Conical Connection (CC) dental implants are made from biocompatible commercially pure grade 4 titanium with TiUnite® surface.

The implant comes with a co-packed Cover Screw made of titanium alloy Ti-6Al-4V.

**Tooling:** Nobel Biocare Twist Drills, Twist Step Drills, Cortical Drills and Screw Taps are made of stainless steel with an amorphous diamond coating and should be used in conjunction with NobelParallel™ CC implants.

**Indications for use:**

NobelParallel™ Conical Connection implants are endosseous implants intended to be surgically placed in the upper or lower jaw bone for anchoring or supporting tooth replacements to restore patient esthetics and chewing function.

NobelParallel™ Conical Connection implants are indicated for single or multiple restorations in splinted or non-splinted applications. This can be achieved by a 2-stage or 1-stage surgical techniques in combination with immediate, early or delayed loading protocols, recognizing sufficient primary stability and appropriate occlusal loading for the selected technique.

Implants with <7mm length are for delayed loading only when appropriate stability has been achieved.

**Contraindications:**

It is contraindicated placing NobelParallel™ CC implants in patients:

- who are medically unfit for an oral surgical procedure.
- with inadequate bone volume unless an augmentation procedure can be considered.
- in whom adequate sizes, numbers or desirable positions of implants are not reachable to achieve safe support of functional or eventually parafunctional loads.

- allergic or hypersensitive to commercially pure titanium grade 4 or titanium alloy Ti-6Al-4V (titanium, aluminium, vanadium).

**Warnings:**

Failure to recognize actual lengths of drills relative to radiographic measurements can result in permanent injury to nerves or other vital structures. Drilling beyond the depth intended from lower jaw surgery may potentially result in permanent numbness to the lower lip and chin or lead to a hemorrhage in the floor of the mouth.

Besides the mandatory precautions for any surgery such as sepsis, during drilling in the jaw bone, one must avoid damage the nerves and vessels by referring to anatomical knowledge and preoperative radiographs.

Small diameter implants with angled abutments are not recommended for the posterior region.

**Cautions:**

**General:**

One hundred percent implant success cannot be guaranteed. Especially, non-observance of the indicated lengths of use and working steps may result in failure.

Treatment by means of implants may lead to loss of bone, biologic or mechanical failures including fatigue fracture of implants.

Close cooperation between surgeon, restorative dentist and dental laboratory technician is essential for a successful implant treatment.

It is strongly recommended that NobelParallel™ CC implants are used only with Nobel Biocare surgical instruments and prosthetic components, as combining components that are not dimensioned for correct mating can lead to mechanical and/or instrumental failure, damage to tissue or unsatisfactory esthetic results.

It is strongly recommended that clinicians, new as well as experienced implant users, always go through special training before undertaking a new treatment method.

Nobel Biocare offers a wide range of courses for various levels of knowledge and experience. For more info please visit www.nobelbiocare.com.

Working the first time with a colleague, experienced with the new device/treatment method, avoids eventual complications. Nobel Biocare has a global network of mentors available for this purpose.

**Before surgery:**

Careful clinical and radiological examination of the patient has to be performed prior to surgery to determine the psychological and physical status of the patient.

Special attention has to be given to patients who have local or systemic factors that could interfere with the healing process of either bone or soft tissue or the osseointegration process (e.g., cigarette smoking, poor oral hygiene, uncontrolled diabetes, orofacial radiotherapy, steroid therapy, infections in the neighboring bone).

Special caution is advised in patients who receive bisphosphonate therapy.

In general, implant placement and prosthetic design must accommodate individual patient conditions. In case of bruxism or unfavorable jaw relationships reappraisal of the treatment option may be considered.

With respect to pediatric patients, routine treatment is not recommended until the end of jaw bone growth phase has been properly documented.

At surgery:

Particular caution should be used when placing narrow platform implants in the posterior region due to risk of prosthetic overload.

All instruments and tooling used during procedure must be maintained in good condition and care must be taken that instrumentation does not damage implants or other components. Because of the small size of components, care must be taken that they are not swallowed or aspirated by the patient.

NobelParallel™ CC implants may be tilted up to 45° relative to the occlusal plane. When used with angulations between 30° and 45°, the following applies: The tilted implant must be splinted; a minimum of 4 implants must be used when supporting a fixed prosthesis in a fully edentulous arch.

After the implant installation, the surgeon’s evaluation of bone quality and initial stability will determine when implants may be loaded. Lack of adequate quantity and/or quality of remaining bone, infection and generalized diseases may be potential causes for failure of osseointegration both immediately after surgery, or after osseointegration is initially achieved.

After surgery:

To secure the long term treatment outcome it is advised to provide comprehensive regular patient follow up after implant treatment and to inform about appropriate oral hygiene.

**Surgical procedure:**

1. During drilling procedures bone quality should be considered (please see table A. recommended drill sequences are based on bone quality to ensure optimal primary stability when applying immediate function).

A NobelParallel™ CC

Recommended drill sequence based on bone quality. Drill data are stated in mm and the drills within square brackets denote as optional.

Drill sequence according to bone quality:

<table>
<thead>
<tr>
<th>Platform</th>
<th>Implant diameter</th>
<th>Soft Bone Type IV</th>
<th>Medium Bone Type II-III</th>
<th>Dense Bone Type I</th>
</tr>
</thead>
<tbody>
<tr>
<td>NP</td>
<td>Ø 3.75</td>
<td>2.0</td>
<td>2.0</td>
<td>2.0</td>
</tr>
<tr>
<td></td>
<td>[4.2/5.0]</td>
<td>2.4/2.8</td>
<td>2.4/2.8</td>
<td>2.4/2.8</td>
</tr>
<tr>
<td></td>
<td>Screw Tap 3.75</td>
<td>Cortical Drill 3.75</td>
<td>Screw Tap 3.75</td>
<td>Screw Tap 3.75</td>
</tr>
<tr>
<td>RP</td>
<td>Ø 4.2/5.0</td>
<td>3.2/3.6</td>
<td>3.2/3.6</td>
<td>3.2/3.6</td>
</tr>
<tr>
<td></td>
<td>Screw Tap 3.75</td>
<td>Cortical Drill 4.3</td>
<td>Screw Tap 4.4</td>
<td>Screw Tap 4.3</td>
</tr>
<tr>
<td></td>
<td>Screw Tap 3.75</td>
<td>Cortical Drill 4.3</td>
<td>Screw Tap 4.4</td>
<td>Screw Tap 4.3</td>
</tr>
<tr>
<td>WP</td>
<td>Ø 5.5</td>
<td>3.2/3.6</td>
<td>3.2/3.6</td>
<td>3.2/3.6</td>
</tr>
<tr>
<td></td>
<td>Screw Tap 5.0</td>
<td>Cortical Drill 5.0</td>
<td>Screw Tap 5.0</td>
<td>Screw Tap 5.0</td>
</tr>
<tr>
<td></td>
<td>Screw Tap 5.0</td>
<td>Cortical Drill 5.0</td>
<td>Screw Tap 5.0</td>
<td>Screw Tap 5.0</td>
</tr>
</tbody>
</table>

**Note:** all data is stated in mm.

Drilling must proceed at high speed (max. 2’000 rpm/min. for step/wave drills) under constant and profuse irrigation by sterile saline at room temperature. In dense bone situation drill with continuous back and forth motion.

Depth measurement system: The parallel drills have a true depth measurement system. All drills and components are marked to prepare the site to the correct depth and obtain a secure and predictable position.
6. Medium and dense bone protocol: implant back into inner casing before proceeding further.

b. Select the Cortical Drill and/or use Screw Tap matching the diameter of the implant:
   - If Cortical Drill is used: proceed with drilling at high speed max. 2'000 rpm/min and drill to appropriate depth (see image B).
   - If Screw Tap is used: place the screw tap into prepared implant site using low speed 26 rpm/min, and drill to appropriate depth (see image B). Switch the drill device with handpiece to reverse mode and remove the Screw Tap.

c. Continue with implant installation until desired position is achieved using max. 45 Ncm of insertion torque.

7. For Immediate Function, the implant should be able to withstand a final torque between 35-45 Ncm.

8. Depending on surgical protocol of choice, place a cover screw or an abutment and suture. See table D for implant specifications.

### D

<table>
<thead>
<tr>
<th>Implant specifications</th>
<th>Platform</th>
<th>Platform diameter</th>
<th>Implant diameter</th>
<th>Lengths</th>
</tr>
</thead>
<tbody>
<tr>
<td>NP</td>
<td>Ø 3.5</td>
<td>Ø 3.75</td>
<td>7, 8.5, 10, 11.5, 13, 15, 18</td>
<td></td>
</tr>
<tr>
<td>RP</td>
<td>Ø 3.9</td>
<td>Ø 4.3</td>
<td>7, 8.5, 10, 11.5, 13, 15, 18</td>
<td></td>
</tr>
<tr>
<td>WP</td>
<td>Ø 5.1</td>
<td>Ø 5.5</td>
<td>7, 8.5, 10, 11.5, 13, 15</td>
<td></td>
</tr>
</tbody>
</table>

Note: all data is stated in mm.

For additional information on surgical procedures please consult the NobelParallel™ CC “Procedures & products” treatment guidelines available at www.nobelbiocare.com or request latest printed version from a Nobel Biocare representative.

**Materials:**

**Cleaning and sterilization:**
NobelParallel™ CC Implants, Twist/Step Drills, Cortical Drills and Screw Taps are delivered sterile and for single use only prior to the labeled expiration date.

**Warning:** Do not use device if the packaging has been damaged or previously opened.

**Caution:** Implants, Twist Drills, Twist Step Drills, Cortical Drills and Screw Taps are single use products not intended to be reprocessed. Reprocessing could cause loss of mechanical, chemical and/or biological characteristics. Reuse could cause cross contamination.

**MR safety information:**
The NobelParallel™ CC implants have not been evaluated for safety and compatibility in the MR environment. It has not been tested for heating, migration, or image artifact in the MR environment. The safety of NobelParallel™ CC implants in the MR environment is unknown. Scanning a patient who has this device may result in patient injury.

For additional information on Cleaning and Sterilization and Magnetic Resonance Imaging, please consult the “Cleaning & Sterilization Guidelines for Nobel Biocare Products including MRI Information” available at www.nobelbiocare.com/sterilization or request latest printed version from a Nobel Biocare representative.

**Storage and handling:**
The product must be stored in a dry place in the original packaging at room temperature and not exposed to direct sunlight. Incorrect storage may influence device characteristics leading to failure.

**Note:** The marks on the Twist/Step Drills indicate actual millimeter lengths and correspond to the implant collar. Final vertical positioning depends on several clinical parameters, including esthetics, tissue thickness and available vertical space.

In situations where adjacent natural teeth interfere with the contra-angle head preventing the drill from reaching the desired depth, a drill extension shaft may be used.

2. Prepare implant site. When using a flapless approach add-on soft tissue height to drill depth.

3. Measure the final depth of implant site for applicable implant length using depth probe with same measurements as Twist/Step Drills.

4. Open the implant package and pick up the implant from inner casing with implant driver (please see C). The implants are ideally installed with low speed, max. 25 rpm, using a drilling device.

5. Place and tighten the implant using max. 45 Ncm insertion torque.

**Caution:** Never exceed insertion torque of 45 Ncm for the implants. Over tightening an implant may lead to damage of the implant, fracture or necrosis of the bone site. If a Surgical Driver is used to insert the implant, special care needs to be taken to avoid over tightening. If the implant gets stuck during implant installation or 45 Ncm of insertion torque is achieved before fully seated, rotate the implant counter clockwise using drilling device (reverse mode) or manual torque wrench and remove implant from site. Replace the implant back into inner casing before proceeding further.

6. Medium and dense bone protocol:
   - In cases of a thick cortical layer or dense bone a Cortical Drill and/or a Screw Tap is mandatory to be able to get the implant fully seated and to release pressure around the implant neck.
### Symbols Glossary:
The following symbols may be present on the device labeling or in information accompanying the device. Refer to the device labeling or accompanying information for the applicable symbols.

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>EC REP</td>
<td>Authorized representative in the European Community</td>
</tr>
<tr>
<td>LOT</td>
<td>Batch code</td>
</tr>
<tr>
<td>REF</td>
<td>Catalogue number</td>
</tr>
<tr>
<td>!</td>
<td>Caution</td>
</tr>
<tr>
<td>CE</td>
<td>CE marking</td>
</tr>
<tr>
<td>i</td>
<td>Consult instructions for use</td>
</tr>
<tr>
<td>H</td>
<td>Contains hazardous substances</td>
</tr>
<tr>
<td>PHT</td>
<td>Contains or presence of phthalate</td>
</tr>
<tr>
<td>31</td>
<td>Date</td>
</tr>
<tr>
<td>DATE</td>
<td>Date of manufacture</td>
</tr>
<tr>
<td>X</td>
<td>Do not re-use</td>
</tr>
<tr>
<td>X</td>
<td>Do not re-use</td>
</tr>
<tr>
<td>Rx Only</td>
<td>For prescription use only</td>
</tr>
<tr>
<td>Health care centre</td>
<td>Health care centre or doctor</td>
</tr>
<tr>
<td>Keep away from sunlight</td>
<td>Keep dry</td>
</tr>
<tr>
<td>MR</td>
<td>Magnetic resonance conditional</td>
</tr>
<tr>
<td>MD</td>
<td>Medical device</td>
</tr>
<tr>
<td>Non-sterile</td>
<td>Non-sterile</td>
</tr>
<tr>
<td>MD</td>
<td>Medical device</td>
</tr>
<tr>
<td>Patient identification</td>
<td>Patient identification website</td>
</tr>
<tr>
<td>Patient number</td>
<td>Patient number</td>
</tr>
<tr>
<td>Serial number</td>
<td>Serial number</td>
</tr>
<tr>
<td>Single sterile barrier system</td>
<td>Single sterile barrier system with protective packaging inside</td>
</tr>
<tr>
<td>Single sterile barrier system with protective packaging inside</td>
<td>Single sterile barrier system with protective packaging outside</td>
</tr>
</tbody>
</table>

**Sterile and Sterilized Symbols:**
- **STERILE EO**: Sterilized using ethylene oxide
- **STERILE R**: Sterilized using irradiation
- **STERILE**: Sterilized using steam or dry heat
- **UDI**: Unique Device Identifier
- **Use-by date**
- **Upper limit of temperature**

**Special Handling Symbols:**
- **Do not re-use**
- **Do not re-use**
- **Single sterile barrier system**
- **Single sterile barrier system with protective packaging inside**
- **Single sterile barrier system with protective packaging outside**

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[internet link to Online Symbols Glossary and IFU Portal]