# NobelZygoma<sup>™</sup> O<sup>o</sup> Implants Instructions for Use





## Important - Disclaimer of Liability:

This product is part of an overall concept and may only be used in conjunction with the associated original products according to the instructions and recommendation of Nobel Biocare. Non-recommended use of products made by third parties in conjunction with Nobel Biocare products will void any warranty or other obligation, express or implied, of Nobel Biocare. The user of Nobel Biocare products has the duty to determine whether or not any product is suitable for the particular patient and circumstances. Nobel Biocare disclaims any liability, express or implied, and shall have no responsibility for any direct, indirect, punitive or other damages, arising out of or in connection with any errors in professional judgment or practice in the use of Nobel Biocare products. The user is also obliged to study the latest developments in regard to this Nobel Biocare. Since the utilization of this product is under the control of the user, they are his/her responsibility. Nobel Biocare does not assume any liability whatsoever for damage arising thereof.

Please note that some products detailed in this Instruction for Use may not be regulatory cleared, released or licensed for sale in all markets.

#### Description:

#### Implant:

NobelZygoma™ 0° implants are made from biocompatible commercially pure grade 4 titanium with TiUnite® surface. It is a parallel walled implant with a 0° abutment head. The implant has TiUnite® up to the level of the platform.

The "Brånemark System<sup>®</sup>" restorative assortment is to be used in combination with this implant. Furthermore dedicated 45%60° Multi-unit Abutments are also available.

The implant comes with a co-packed Cover Screw made of Titanium alloy Ti-6Al-4V.

### Instrumentation:

The following instrumentation is required during the surgical and handling procedures to place NobelZygoma  $^{\tt M}$  0° implants:

- Zygoma Twist Drills 0°, the Zygoma Pilot Drills, and the Round Bur are required to prepare the osteotomy for placement of Zygoma implants and are for single use only, the drills are available in different diameters and lengths in order to widen the osteotomy step-by-step to the appropriate diameter and depth. They should be used in conjunction with NobelZygoma<sup>™</sup> 0° implants and are for single use only.
- Zygoma Drill Guard, Zygoma Drill Guard Short are used during preparation of the osteotomy as a protective shield between the rotating drill shaft and adjacent soft tissues.
- Zygoma Depth Indicator Straight and Angled are used to verify the depth of the osteotomy. They feature numbered length scales on the handle and shaft to verify the depth of the osteotomy and to support selection of the appropriate Zygoma implants length.
- Zygoma Handle connects to the Implant Driver Wrench Adapters RP and is used to pick up and insert the Zygoma implants into the osteotomy.
- Unigrip Screw Drivers and Cover Screw Driver Brånemark System® Hexagon are used to
  place Multi-unit abutments and the cover screws respectively.

Refer to Nobel Biocare IFU1085 for further information regarding the Screwdrivers Manual Unigrip. Refer to Nobel Biocare IFU1090 for further information regarding the Connection to Handpiece. Refer to Nobel Biocare IFU1075 for further information regarding the Multi-unit abutments and compatible prosthetic components.

Refer to Nobel Biocare IFU1095 for further information regarding the Zygoma Instrumentation:

Zygoma Drill Guard, Zygoma Drill Guard Short, Zygoma Depth Indicator Straight and Angled, Zygoma Handle: They should be used in conjunction with NobelZygoma™ 0° implants and are intended for reuse.

## Intended Use / Intended Purpose:

## NobelZygoma<sup>™</sup> 0° implants:

Intended for use as a dental implant in the zygomatic bone for anchoring or supporting dental prostheses to restore chewing function.

## Zygoma Twist Drill:

Intended for use to prepare or support the preparation of an osteotomy for placement of an endosseous dental implant.

## Indications:

## <u>NobelZygoma™ 0° implants:</u>

NobelZygoma<sup>™</sup> 0° implants are endosseous dental implants indicated to be surgically placed in the bone of the upper jaw arches to provide support for prosthetic devices, such as artificial teeth, in order to restore patient esthetics and chewing function. These implants may be put into immediate function provided that stability requirements detailed in the directions for use are satisfied.

## NobelZygoma<sup>™</sup> Twist Drill:

NobelZygoma™ Twist Drills 0° are indicated for use to prepare an osteotomy in the zygomatic bone to support the placement of Nobel Biocare zygomatic dental implants.

## **Contraindications:**

NobelZygoma™ 0° implants and tooling are contraindicated for patients:

- Patients who are medically unfit for an oral surgical procedure.
- Patients with inadequate bone volume for conventional implants and zygoma implant(s).
- Patients in whom adequate sizes, numbers or desirable position of implants are not reachable to achieve safe support of functional or eventually parafunctional loads.
- Patients who are allergic or hypersensitive to commercially pure titanium grade 4 and who are allergic or hypersensitive to commercially pure titanium grade 4 and titanium alloy Ti-6AI-4V (titanium, aluminum, vanadium) and stainless steel or DLC (Diamond Like Carbon) coating.
- Patients who are to be restored with single unit constructions.

#### Warnings:

Failure to recognize actual lengths and direction of drills relative to radiographic measurements and surrounding anatomical structures can result in permanent injury to nerves or other surrounding vital structures.

Besides the mandatory precautions for any surgery such as asepsis, during drilling in the zygomatic bone, one must avoid damage to the nerves and vessels by referring to anatomical knowledge and preoperative radiographs.

## Cautions:

#### General:

One hundred percent implant success cannot be guaranteed. In particular, non-observance of the product's indications for use and the surgical/handling procedure(s) may result in failure.

Treatment by means of implants may lead to loss of bone, biologic or mechanical failures including fatigue fracture of implants.

Close cooperation between surgeon, restorative dentist and dental laboratory technician is essential for a successful implant treatment.

It is strongly recommended that NobelZygoma<sup>™</sup> 0° implants and NobelZygoma<sup>™</sup> Twist Drills 0° are used only with compatible Nobel Biocare instruments and components. Use of instruments or components that are not intended to be used in combination with NobelZygoma<sup>™</sup> 0° implants can lead to product failure, damage to tissue, or unsatisfactory esthetic results.

When using a new device/treatment method for the first time, working with a colleague who is experienced with the new device/treatment method may help avoid possible complications. Nobel Biocare has a global network of mentors available for this purpose.

#### Before Surgery:

Careful psychological and physiological evaluation, followed by clinical and radiological examination must be performed on the patient prior to surgery to determine the suitability of the patient for treatment.

Special attention must be given to patients who have local or systemic factors that could interfere with the healing process of either bone or soft tissue or the osseointegration process (e.g., cigarette smoking, poor oral hygiene, uncontrolled diabetes, oro-facial radiotherapy, steroid therapy, infections in the neighboring bone). Special caution is advised in patients who receive bisphosphonate therapy.

In general, implant placement and prosthetic design must accommodate individual patient conditions. In case of bruxism, other parafunctional habits or unfavorable jaw relationships, reappraisal of the treatment option may be considered.

The device has not been evaluated in pediatric/adolescent patients and is not recommended for use in children. Routine treatment is not recommended until the end of the juvenile jaw bone growth phase has been properly documented.

Pre-operative hard tissue or soft tissue deficits may yield a compromised esthetic result or unfavorable implant angulations.

All components, instruments and tooling used during the clinical and/or laboratory procedure must be maintained in good condition and care must be taken that instrumentation does not damage implants or other components.

Zygoma implants treatments could be performed under local anesthesia, IV-sedation or general anesthesia.

#### At Surgery:

It is highly recommended to perform a medical CT scan or a CBCT (cone beam CT) analysis prior to the final treatment decision. The patient must have clinically symptom-free sinuses, no pathology in associated bone and soft tissue and completed all necessary dental treatment.

Care and maintenance of sterile instruments are crucial for a successful treatment. Sterilized instruments not only safeguard your patients and staff against infection but are also essential for the outcome of the total treatment.

Because of the small sizes of the devices, care must be taken that they are not swallowed or aspirated by the patient. It is appropriate to use specific supporting tools to prevent aspiration of loose parts (e.g. gauze, dental dam, or throat shield).

The implants may be tilted up to 45° relative to the occlusal plane. When used with angulations between 30° and 45°, the following applies: The tilted implant must be splinted; a minimum of 4 implants must be used when supporting a fixed prosthesis in a fully edentulous arch.

After the implant installation, the surgeon's evaluation of bone quality and primary stability will determine when implants may be loaded. Lack of adequate quantity and/or quality of remaining bone, infection and generalized diseases may be potential causes for failure of osseointegration both immediately after surgery, or after osseointegration is initially achieved.

Bending moments: Forces that cause bending moments are known to be the most unfavorable, as they can potentially jeopardize the long-term stability of an implant-supported restoration. In order to decrease bending moments, the distribution of forces should be optimized by cross-arch stabilization, minimizing distal cantilevers, having a balanced occlusion as well as decreased cuspal inclination of the prosthetic teeth.

#### After Surgery:

To help ensure a successful long term-treatment outcome, it is advised to provide comprehensive regular patient follow up after implant treatment and to inform the patient about appropriate oral hygiene.

#### Intended Users and Patient Groups:

NobelZygoma  $^{\rm \tiny M}$  0° Implants and instrumentation are to be used by dental health care professionals.

NobelZygoma™ 0° Implants and instrumentation are to be used in patients subject to dental implant treatment.

## **Clinical Benefits and Undesirable Side Effects:**

Clinical Benefits Associated with NobelZygoma<sup>™</sup> 0° and NobelZygoma<sup>™</sup> Twist Drills 0°: NobelZygoma<sup>™</sup> 0° and NobelZygoma<sup>™</sup> Twist Drills 0° are a component of treatment with a dental implant system and/or dental crowns and bridges. As a clinical benefit of treatment, patients can expect to have their missing teeth replaced and/or crowns restored.

#### Undesirable Side Effects Associated with NobelZygoma™ O°and NobelZygoma™ Twist Drills O°:

The placement of a dental implant constitutes an invasive treatment which may be associated with typical side effects such as inflammation, infection, bleeding, hematoma, pain, and swelling. Drilling into the jaw or subsequent placement of the implant may also lead (in rare cases) to bone fracture, damage/perforation of neighboring structures/restorations, sinusitis, or sensory/motor disturbances, depending on the location. During placement of an implant the pharyngeal (gag) reflex may be triggered in patients with a sensitive reflex.

Dental implants are the substructure of a multi-component system that replaces teeth and as a result, the implant recipient may experience side effects similar to those associated with teeth, such as mucositis, calculus, peri-implantitis, fistulas, ulcers, soft tissue hyperplasia, soft and/or hard tissue recession/loss. Some patients may experience discoloration in the mucosal area such as graying.

Where required per the European Medical Device Regulation (MDR; EU 2017/745) a Summary of Safety and Clinical Performance document (SSCP) is available for the NobelZygoma<sup>™</sup> 0° implants. The SSCP can be obtained at the following website:

#### https://ec.europa.eu/tools/eudamed1

<sup>1</sup>Website available upon launch of the European Database on Medical Devices (EUDAMED).

#### Notice regarding serious incidents:

For a patient / user / third party in the European Union and in countries with an identical regulatory regime (Regulation 2017/745/EU on Medical Devices); if, during the use of this device or as a result of its use, a serious incident has occurred, please report it to the manufacturer and to your national authority. The contact information for the manufacturer of this device to report a serious incident is as follows:

#### Nobel Biocare AB

https://www.nobelbiocare.com/complaint-form

#### Surgical Procedure:

 To begin exposure of the lateral maxillary wall, a full thickness mucoperiosteal flap is reflected following a crestal incision with bilateral distal vertical releasing incisions over the tuberosity areas.

Warning: It is imperative to be aware of vital structures including nerves, veins and arteries during the surgical exposure of the lateral maxillary wall. Injuries to vital anatomic structures can lead to complications including injury to the eye as well as extensive bleeding and nerve-related dysfunction.

Image (A) highlights the following landmarks which may be used in keeping orientedduring the anatomic dissection:

- a. Posterior wall of the maxillary sinus.
- b. Zygomatic-maxillary buttress.
- c. Infra-orbital foramen
- d. Fronto-zygomatic notch.

#### **Caution:** It is essential to identify and protect the infraorbital nerve.

- For direct visualization of the lateral maxillary wall as well as the fronto-zygomatic notch area, a retractor is placed in the fronto-zygomatic notch with lateral retraction exposing the areas highlighted (B).
- To assist in direct visualization of the drills during the preparation of the osteotomy, a "window" is made through the lateral maxillary wall as shown. Attempt to keep the Schneiderian membrane intact, if possible (B).

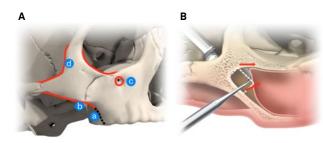


Image A: Anatomical Landmarks Established Image B: Sinus "window" with retractor in the fronto-zygomatic notch (Schneiderian membrane remains intact)  Begin the trajectory of the implant at the first-second bicuspid area on the maxillary crest, follow the posterior maxillary wall and end at the lateral cortex of the zygomatic bone slightly inferior to the fronto-zygomatic notch (C).



## Image C: Position trajectory of the implant

 Drilling procedure: The ratio of the handpiece used is 20:1 at a speed of max. 2000 rpm. Drill under constant and profuse irrigation by sterile saline at room temperature.

**Caution:** The Drill Guard may be used during the preparation of the osteotomy to avoid contact of the rotating drill with the adjacent soft tissues (D). Injury to the tongue, corner of the lips and or other soft tissues may occur if the drill shaft is unprotected.



#### Image D: Use of a Drill Guard

Depth measurement system: The NobelZygoma™ drills have a true depth measurement system. All drills and components are marked to prepare the site to the correct depth and obtain a secure and predictable position. Please see image E for drill reference lines.

**Caution:** Avoid lateral pressure on drills during implant-site preparation. Lateral pressure may cause drill fracture.

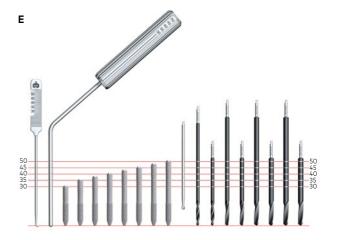
**Caution:** Verify that drills lock in the handpiece before starting any drilling. A loose drill may accidentally harm the patient or members of the surgical team.

**Caution:** Verify that all interconnecting instruments lock properly before intraoral use to prevent accidental swallowing or aspiration.

6. Drilling Sequence: (Image E shows relation between drills and implants). The initial osteotomy is made using the Brånemark System<sup>®</sup> Zygoma Round Bur and the NobelZygoma<sup>™</sup> 0° Twist Drill 2.9 mm, followed by the NobelZygoma<sup>™</sup> 0° Twist Drill 3.5 mm and NobelZygoma<sup>™</sup> 0° Twist Drill 4.0 mm. Finally, the NobelZygoma<sup>™</sup> 0° Twist Drill 4.4 mm is used.

**Caution:** Ensure correct angulation and avoid drill wobble, as this can inadvertently widen the preparation site.

**Caution:** If the sinus membrane cannot be kept intact during osteotomy preparation, carefully irrigate away debris when inserting the implant. Any mucosal remnants in the bone site may prevent osseointegration of the implant.



#### Image E: From left to right: Zygoma Depth Indicator Straight, Zygoma Depth Indicator Angled, NobelZygoma™ 0° Implants, Round Bur, Twist Drills

- 7. Use the Zygoma Depth indicators to determine the length of the Zygoma implant to be placed. Copious irrigation of the sinus is recommended prior to implant placement.
- 8. Plan to insert the implant as posteriorly as possible, with the implant head as close to the alveolar crest as possible (typically in the 2nd premolar region.) Anchorage of the implant will be achieved by entering the base of the zygoma bone (the posterior- lateral portion of the maxillary sinus roof), engaging through the lateral cortex of the zygoma below the frontozygomatic notch. Depending on the anatomy of the patient, the implant body may be positioned inside or outside the maxillary sinus.

**Note:** Adjustment to this implant placement may be considered due to anatomical variations in the maxilla as well as the maxillary sinus.

9. Implant placement.

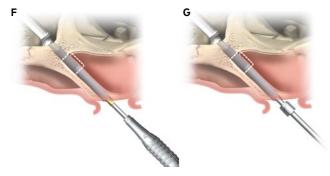
Insert implant with drilling unit:

The implant may be inserted using the Implant Driver Brånemark System® RP and the drilling unit at 20 Ncm insertion torque. Increasing the insertion torque up to maximum S0 Ncm may be used for the complete seating of the implant (F). Once an insertion torque of 40 to 50 Ncm is reached, the Zygoma Handle maybe used. Disengage the implant driver with Handpiece. Now connect the Zygoma Handle to the Implant Driver Wrench Adapter and insert into the implant (G). Rotate the Zygoma Handle clockwise until the desired depth and head position are achieved.

Confirm through the "window" of the lateral maxillary wall the correct insertion angle of the implant while continuing through the sinus until the implant apex engages in the zygomatic bone. Tighten manually:

Disengage the implant driver with Handpiece. Now connect the Zygoma Handle to the Implant Driver Wrench Adapter and insert into the implant (G). Rotate the Zygoma Handle clockwise until the desired depth and head position are achieved.

**Caution:** When using the Zygoma Handle, applying excessive torque can distort or fracture the implant head.



#### Image F: Seating the NobelZygoma™ 0° with handpiece (Sinus "window" shown)

Image G: Seating the NobelZygoma™ 0° with Zygoma Handle (Sinus "window" shown)

- 10. Perform copious irrigation of the apical portion of the implant (the subperiosteal portion of the zygomatic bone) prior to the removal of the retractor from the fronto- zygomatic notch.
- The premaxillary, conventional implants are placed following the conventional protocol for placement of implants.
- Depending on surgical protocol of choice, place a cover screw or abutment and suture. For Immediate Function, the implants should be able to withstand a final torque between 35–45 Ncm. For two-stage protocol relieve the denture over the implants (H).

 ${\rm Caution:}$  Use only Brånemark System® cover screws. There are dedicated Multi-unit Abutments  $45\%60^\circ$  available for this implant.



#### Image H: Seating the NobelZygoma™ 0° (Sinus "window" shown)

## Materials:

NobelZygoma™ 0° implant: Commercially pure titanium grade 4.

Cover Screw: Titanium alloy Ti-6Al-4V.

Zygoma Twist Drills 0° and Zygoma Pilot Drill: Stainless steel, DLC (Diamond Like Carbon) coating per 1.4197 Type 420F Mod according to ASTM A895 and ISO 5832-1.

#### Round Bur: Stainless Steel.

Zygoma Drill Guards and Drill Guards Short, Zygoma Depth Indicators Straight and Angled, and the Connection to Handpiece: Stainless steel 1.4301 according to ASTM F899.

Zygoma Handle: Stainless steel and aluminum: Adapter and Pin: Stainless Steel Type 304, Cap and Body: Aluminum Alloy 6082 according to ISO AlSi1MgMn.

#### Sterility and Reusability Information:

The NobelZygoma<sup>™</sup> 0° Implants and NobelZygoma<sup>™</sup> Twist Drills 0° have been sterilized using irradiation and are intended for single use. Do not use after the labeled expiration date.

Warning: Do not use device if the packaging has been damaged or previously opened.

Warning: Use of a non-sterile device may lead to infection of tissues or infectious diseases.

**Caution:** The NobelZygoma<sup>™</sup> 0° Implants and NobelZygoma<sup>™</sup> Twist Drills 0° are single use products and must not be reprocessed. Reprocessing could cause loss of mechanical, chemical and/or biological characteristics. Reuse could cause local or systemic infection.

## Magnetic Resonance (MR) Safety Information:

The NobelZygoma<sup>™</sup> 0° Implants contain metallic materials which can be affected by MRI scanning. Non-clinical testing performed by Nobel Biocare has demonstrated that the NobelZygoma<sup>™</sup> 0° Implants are unlikely to impact patient safety under the following MRI conditions:

- Static magnetic field of 1.5 Tesla and 3.0 Tesla only.
- Maximum spatial gradient magnetic field of 4000 Gauss/cm (40 T/m).
- Maximum MR system reported, whole body averaged specific absorption rate (SAR) of 2 W/kg (Normal Operating Mode) or 4 W/kg (First Level Controlled Mode).

Note: Removable restorations should be taken out prior to scanning, as is done for watches, jewelry etc.

Under the conditions defined above, these devices are expected to produce a maximum temperature rise of 4.1 °C (7.4 °F) after 15 minutes of continuous scanning.

In the non-clinical testing, the image artifact caused by the devices extends approximately 30 mm from the devices when imaged with a gradient echo pulse sequence and a 3.0 Tesla MRI system.

Note: Although the non-clinical testing demonstrates that the NobelZygoma<sup>™</sup> 0° Implants are unlikely to interfere with patient safety under the conditions defined above, this testing is insufficient to support a claim of MR Safe or MR Conditional for the NobelZygoma<sup>™</sup> 0° Implants.

#### Performance Requirements and Limitations:

To achieve the desired performance, NobelZygoma<sup>™</sup> 0° Implants and NobelZygoma<sup>™</sup> Twist Drills 0° must only be used with the products described in this Instructions for Use and/or in the Instructions for Use for other compatible Nobel Biocare products, and in accordance with the Intended Use for each product. To confirm the compatibility of products which are intended to be used in conjunction with NobelZygoma<sup>™</sup> 0° Implants and NobelZygoma<sup>™</sup> Twist Drills, check the color coding, dimensions, lengths, connection type and/or any direct marking as applicable on the products or product labeling.

## Facilities and Training:

It is strongly recommended that new and experienced users of Nobel Biocare products always go through special training before using a new product for the first time. Nobel Biocare offers a wide range of courses for various levels of knowledge and experience. For more information please visit <u>www.nobelbiocare.com</u>.

#### Storage, Handling and Transportation:

The device must be stored and transported in dry conditions in the original packaging at room temperature and not exposed to direct sunlight. Incorrect storage and transportation may influence device characteristics leading to failure.

## Disposal:

Safely discard potentially contaminated or no longer usable medical devices as healthcare (clinical) waste in accordance with local healthcare guidelines, country and government legislation or policy.

Separation, re-cycling or disposal of packaging material shall follow local country and government legislation on packaging and packaging waste, where applicable.

## Manufacturer and Distributor Information:

Manufacturer: Nobel Biocare AB

Box 5190, 402 26 Västra Hamngatan 1 411 17 Göteborg Sweden

www.nobelbiocare.com

#### Distributed in Australia by:

Nobel Biocare Australia Pty Ltd Level 4, 7 Eden Park Drive Macquarie Park, NSW 2113 Australia Phone: +61 1800 804 597

#### Distributed in New Zealand by:

Nobel Biocare New Zealand Ltd 33 Spartan Road Takanini, Auckland, 2105 New Zealand Phone: +64 0800 441 657

CE Mark for Class Ila/Ilb Devices

#### **Basic UDI-DI Information:**

The following table lists the Basic UDI-DI information for the devices described in this IFU.

Product	Basic UDI-DI Number
NobelZygoma™ 0° implants	73327470000000016C
NobelZygoma™ Twist Drills 0°	73327470000001206M

#### Implant Card:

NobelZygoma  $^{\rm vo}$  0° implants accompanied by an Implant Card which contains important information for patients regarding the device.

Complete the Implant Card by filling it out with the patient- and device-specific information as indicated and provide the completed Implant Card to the patient.

## Symbols Glossary:

The following symbols may be present on the device labeling or in information accompanying the device. Refer to the device labeling or accompanying information for the applicable symbols.





Batch code



Manufacturer

Patient identification

symbol.glossary.nobelbiocare.com

Link to Online Symbols Glossary



REF

Serial number

₩#

Patient number

Catalogue number

UD

31

Date

Unique Device Identifier



Date of manufacture

• +

141

or doctor

Health care centre

Tooth number Consult instructions for use



Patient information website



and IFU Portal





Do not re-use



Do not use if package is damaged and consult instructions for use



Temperature limit

BIO

8

origin

Upper limit of temperature





Contains biological Contains hazardous material of animal substances



TPL 410098 000 07

Contains or presence Non-pyrogenic of phthalate



Magnetic resonance conditional







outside

UK

STERILE R



barrier system with

protective packaging

Single sterile



Single sterile Double sterile barrier system with



inside

Authorised Authorized Representative in Switzerland European Union

UK Responsible Person representative in the European Community /



CH





Rx only

UKCA mark with Approved Body number

UK

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Use-by date

Keep dry

presence of natural rubber latex



Magnetic resonance safe



Non-sterile

Single sterile

barrier system

СН



STERILE

Sterilized using

steam or dry heat









UKCA mark

Medical device For prescription use only

